

# Asahidake visitor center News letter

- Issuer : Asahidake Visitor Center Ken Song, Miyabe Nao
- Asahidake Visitor Center 9:00~17:00 (TEL) 0166-97-2153  
〒071-1472 Kamikawa-gun Higashikawa-cho Asahidake onsen  
(Closed 12/30~1/5 for the year-end and New year holiday )
- Rental (Boots/Cross-country ski/Snow shoes)
- Mountain and nature information, VR goggle experience,
- HP : <https://www.asahidake-vc-2291.jp/foreign/>
- FB : <https://www.facebook.com/asahidake.vc>

## Climate of Asahidake onsen area in late November

- Temp : Max. -2°C/Min. -8°C (Avg. of 2012~21)
- Beware of sudden weather change and winter driving



## Cross-country ski training season

On November 20th, the snowfall near Asahidake Onsen was about 10 to 20 cm. Many athletes have been training hard on the cross-country ski course.



The Asahidake Cross Country Ski Course is located at altitude 1,100m and is known as suitable place for highland training.

Also, this course is available from the end of October to June, it provides the longest season in Japan.

A wide range of people from all over the country are visiting for training, include national teams.

Skiers commonly say that the beginning and end of the season is in Asahidake.

During this season, temperature rises during the day, but melted snow covers the asphalt road with a thin film of ice at night. There's a high possibility of an slip accident. Especially, you should keep driving carefully and safely in the evening, because athletes are running on the roadway during those hours.



## The new course map sign was installed

In October, a new course map sign was installed at the entrance of the course. It helps you understanding whole 8km-long course starting from Asahidake Onsen. You can choose 2.5km, 5km, and 7.5km course according to your physical strength and experience.

Please try a Cross-country skiing in the coniferous forest after checking the map sign!



## A plant that has a strong presence...!

Winter is almost here and the hot spring area which was covered with colorful autumn leaves, turned dark brown.

I found a plant that attracts attention in the picnic square. The plant, which is about 160cm tall and has a strong presence, is called "O-ubayuri"

It changes like a seed capsule in the autumn. After the seeds fall off, only shells left. But it is so attractive in appearance, so it is often used as dried flowers or decorations.

Would you try to find "O-ubayuri" of each season?



Cardiocrinum cordatum

The name is derived from its leaves wither and disappear when flowers bloom, like an "old woman without teeth" In fact, the leaves are firmly in place while the flowers are in bloom.

## Tour / event information

### ●Nature observation tour

[DATE] Please Refer to our tour calendar

[TIME] 13:30~15:00

[FEE] ¥1,500 (Insurance Incl.) ※Extra fee may be charged for rental

[PARTICIPANTS] 6 person / 1 day

[MEETING PLACE] Asahidake visitor center

### ●ECO Tour

The Asahidake Visitor Center holds eco-friendly tours regularly. Scan here for the latest tour information →

### ●Snow playground in Asahidake

Snow playground opened in front of Asahidake visitor center in winter season.(Scheduled f

Details about events will be announced on our website, Please check out!

