

# Asahidake visitor center News letter

- Issuer : Asahidake Visitor Center Staff : Daisuke Tsukagoshi
- Asahidake Visitor Center 9:00~17:00 (TEL) 0166-97-2153  
〒071-1472 Kamikawa-gun Higashikawa-cho Asahidake onsen  
(Closed 12/30~1/5 for the year-end and New year holiday )
- Rental (Boots/Cross-country ski/Snow shoes)
- Mountain and nature information, VR goggle experience,
- HP : <https://www.asahidake-vc-2291.jp/foreign/>
- FB : <https://www.facebook.com/asahidake.vc>

## Climate of Asahidake onsen area in mid April

- Temp : Max. 3°C/Min. - 3°C  
(Avg. of 2012~22)
- Beware of sudden weather change and winter driving



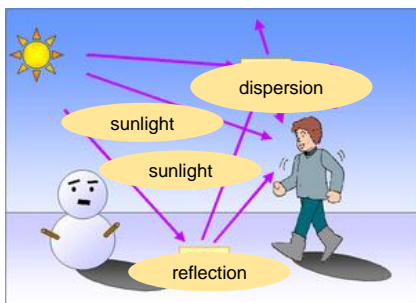
## Watch Out for Winter UV

It's still snowing in Asahidake. On sunny days when it feels glaring on the snow, people tend to imagine that UV rays are weak due to low temperatures. But the truth is that UV reflectance increases **more than 80% by snow in addition to direct sunlight, compared to 10-20% on asphalt!** UV radiation increases by altitudes, **Additionally 10-15% above 1000m.** Please be aware of the reflection from the snow, especially areas where there is no shady place.

Exposure to sunlight is very important to good health, but too much exposure to UV rays can cause sunburn, eye pain, and other problems. Around Asahidake, Please enjoy winter activities with UV protection product against the cold and sunburn **such as UV-cut cream, sunglasses, goggles, hats, gloves, and sunshades.**

reflectance	rate
Fresh Snow	80 %
Sand Beach	25 %
water's surface	20 %
asphalt	10 %
Grass	10 % or less

Source: "Ultraviolet Environmental Health Manual," Ministry of the Environment.



Source: Japan Meteorological Agency.  
(Ground Surface Reflection and Ultraviolet Light)



From in front of Sugatami station  
in March.(elevation: 1600m)

## Status of Asahidake Ski course

- All of the Asahidake ski courses are available
  - ※ Asahidake is a place where the weather changes suddenly.
  - ※ Please check the latest weather information and act carefully.
- All of the Cross country ski courses are available
  - ※ The snow melts more than usual throughout the course.
  - Please be aware that the side of the course may collapse or cave in.
- Daisetsuzan Asahidake Ropeway Operation
  - ※ Suspended from May 8 to May 19, 2023.

## Tour / event information

### ●Asahidake onsen Nature Walk

[DATE] Please Refer to our tour calendar

[TIME] 13:30~15:00

[FEE] ¥1,500 (Insurance Incl.) ※Extra fee may be charged for rental

[PARTICIPANTS] 6 person / 1 day

[MEETING PLACE] Asahidake visitor center

### ●ECO Tour

The Asahidake Visitor Center holds eco-friendly tours regularly.  
Scan here for the latest tour information →

